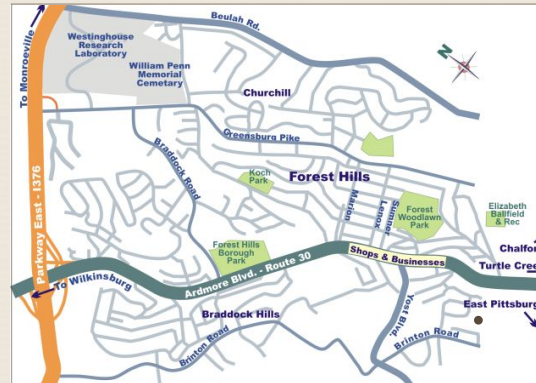




The Late Bloomers Garden Club of Forest Hills encourages people to explore nature and to use native plants for landscaping and to support pollinators. We join with **The Forest Hills Borough Environmental Advisory Council** in sponsoring Earth Day events and Clean-Up Walks to keep litter out of our parks and to raise awareness of the beauty of our community.



FOREST HILLS PARKS



Forest Hills Borough has five public parks. The Forest Hills Park and the Westinghouse Lodge Park have four miles of trails open to the public from dawn to dusk each day. Exploring these trails, especially in the Spring, reveals the wonder of native Pennsylvania wildflowers. You can see these special plants in their natural setting as you walk along the trails. Trails are marked at the entrance of the park.

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WILDFLOWERS OF FOREST HILLS



Dozens of wildflowers emerge in the Spring along the woodland trails of Forest Hills Borough.





Earth Day 2018 brought Forest Hills residents together to clean up trash and enjoy the beautiful day together.

Forest Hills park trails offer glimpses of natural beauty at all seasons of the year, but in the Spring, finding wildflowers blooming along the trails brings a special joy. Some like the Trout Lily bloom and fade within a few weeks, others like the violets bloom then leave a carpet of heart-shaped leaves to blanket the forest floor.

On Earth Day, 53 people came together to pick up the trash littered in the parks and along the trails. Within three hours, two dump trucks of debris had been removed from the parks to enhance the enjoyment for others. Finding beautiful flowers made the task an adventure in discovery.

Forest Hills parks provide habitat for wildflowers to support pollinators and offer food for birds and wildlife. The trails make the natural beauty of our community accessible to many people. Noticing the wildflowers and the wildlife that populate our parks helps people to appreciate our place in nature. When you walk in the parks, do not litter, and make it a habit to pick up trash you may encounter along the way. The cheerful song of the cardinal thanks us for respecting this space.

WILDFLOWERS OF FOREST HILLS

The Forest Hills Borough parks offer a wide array of wildflowers in all seasons to enhance the pleasure of walking through the trails. A selection of Spring wildflowers offer a glimpse of the treasures nestled among the leaves and under the trees of Forest Hills Park.



COLTSFOOT is a Spring blooming perennial plant that looks like a dandelion. This plant is unusual in that the flowers bloom and die before any leaves appear. Herbal medicine uses Coltsfoot for treating asthma, bronchitis and coughs.

MAYAPPLE The two leaves of the Mayapple plant resemble a parasol. It produces one white flower and the ripe fruits are edible. Recipes for jellies and pie as well as juice are available.



Coltsfoot
Tussilago farfara



Mayapple
Podophyllum peltatum

WILD GERANIUM is a perennial shade-loving plant that blooms from April to June. It grows in patches of flowers on slender stalks that attract bees and early butterflies. Herbal medicine uses the root as an astringent and the leaves for tea.

SWEET VIOLET flowers are synonymous with Spring in Pennsylvania. Their clumps of fragrant blooms are sheltered by heart-shaped leaves. They are deer and rabbit resistant. The flowers are edible and are often used in cake decorations.



Wild Geranium
Geranium maculatum



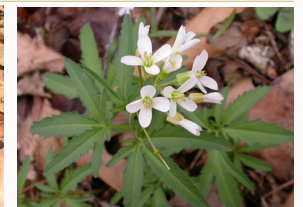
Sweet Violet
Viola odorata

TROUT LILY is a wonderful little Spring blooming bulb. The pattern of the leaves suggests the marking of a trout fish. The bloom time coincides with the trout fishing season which may explain the wide use of the common name

CUTLEAF TOOTHWORT The spectacular finely cut leaf of the Spring blooming Toothwort are divided into five margins. The nectar of the flowers attracts bees and early spring butterflies. It is a very beautiful plant with white flowers that doesn't spread vigorously.



Trout Lily
Erythronium



Cutleaf Toothwort
Dentaria laciniata